



Igniting Hope. Restoring Lives.

**CityTeam Institute**  
**Overview of Addiction**  
**CAS 001; 4.5 quarter units**  
**January 2020**

Honili Sema: MSW, MAC, LAADC.

408-232-5637

hsema@cityteam.org

## **SYLLABUS**

### ***Course Description***

This course is designed to examine the history of alcohol and other mood-changing drugs in the United States; the myths and stereotypes of drug and alcohol use; the socio-cultural factors that contribute to the use of drugs; and the patterns and progressions of addictions. This course satisfies CCAPP educational requirements for certification. (4.5 quarter units)

### ***Course Goals***

1. To acquaint the student with an overview of the addiction treatment field.
2. To help the student develop a personal philosophy toward addiction.
3. To study the various viewpoints of addiction causation/etiology; to investigate many of the modalities currently used.
4. To help the student become aware of the staggering cost of addiction to individuals, families, churches, and society. Concurrently helping them to communicate the open door of service for addiction providers.
5. To prepare student for California's Certification Board of Alcohol and Drug Counselors (CCBADC) exam.

### ***Course Objectives***

Upon completion of this course, the student should be able to:

1. Describe historical development of drug use and treatment.
2. Be able to discuss present approaches in addiction treatment and/or ministry.

### **REQUIRED TEXT**

Hoffman, J., & Froemke, S., (Eds.) (2007). *Addiction Why can't they just stop? New knowledge. New treatments. New hope.* New York: Rodale.

### **RECOMMENDED READING**

Denning, P., Little, J., & Glickman, A. (2004). *Over the Influence: The harm reduction guide for managing drugs and alcohol.* New York/London: The Guilford Press.

Johnson, V.E. (1990). *I'll quit tomorrow: A practical guide to alcoholism treatment.* New York: Harper and Row.

O. Pat (1983). *Afraid to live afraid to die.* Hazelden.

May, G. (2007). *Addiction and grace: Love and spirituality in the healing of addictions.* San Francisco: HarperOne.

### **CLASS POLICIES:**

#### *A. Attendance:*

Students are expected to attend and participate in classroom activities as directed.

#### *B. Absences*

After three unexcused absences, a student is counseled by the Dean and placed on probation. If the student has another unexcused absence while on probation, the student is counseled again by the Dean and at his/her discretion, may terminate the student. Absences from part of the class period without prior approval from the instructor or Dean are not permitted and can be considered an absence for the entire class period.

#### *C. Tardiness*

A student arriving after attendance has been taken is considered late and will be marked absent unless the instructor considers the reason for tardiness legitimate.

#### *D. Late assignments:* The student alone is responsible to make arrangements for missed course work and I am under no obligation to assist the student in making up assignments unless the student provides a legitimate reason for the absence (e.g., illness or family emergency).

**COURSE REQUIREMENTS:**

**Class Participation:** Each student is required to participate in discussions, offer relevant input, and attend the entirety of all class sessions.

**Reading Assignments:** Assigned reading is listed in the course outline

Each assignment **should be completed before the class session** so that you will be able to participate in and benefit from the class discussions

**Paper:** Each student will write a two-page type written paper covering the class discussions on the specified dates.

**Final Exam**

**Grading:**

- Attendance 20%
- Class Participation 20%
- Papers (total) 30%
- Final Exam 30%

A	94 –100	B-	80-83	D+	67-69
A-	90-93	C+	77-79	D	64-66
B+	88-89	C	73-76	D-	60-63
B	84-87	C-	70-72	F	00-59

**CLASS DATES:** January 2020: 7, 9, 14, 16, 21, 23, 28, & 30

**CLASS TIMES:** 6:00 PM – 9:45 PM plus lab (with 3 breaks totaling 30 minutes)

**CLASS DAYS:** Tuesday & Thursday

## Tentative Course Outline

Session	Date	Topic & Assignment
1.	01/07/2020	General Introduction Review Syllabus Overview of Course
2.	01/09/2020	Lecture/Discussion <b>Read Chapter One</b>
3.	01/14/2020	Lecture/Discussion <b>Read Chapter Two</b> <b>Summary of class discussion on 7<sup>th</sup> &amp; 9<sup>th</sup></b> <b>Due</b>
4.	01/16/2020	Lecture/Discussion <b>Read Chapter Three</b>
5.	01/21/2020	Lecture/Discussion Video <b>Read Chapter Four</b> <b>Summary of class discussion on 14<sup>th</sup> &amp;</b> <b>16<sup>th</sup> Due</b>
6	01/23/2020	Lecture/Discussion Video Discussion <b>Read Chapter Five</b>
7	01/28/2020	Lecture/Discussion <b>Read Chapters Six</b> <b>Summary of class discussion on 21<sup>th</sup> &amp;</b> <b>23<sup>rd</sup> Due</b>
8	01/30/2020	Class Review / potluck <b>Final Exam</b>