



Cityteam offers two residential programs for women in recovery. Listed below are the services provided, eligibility, and criteria of each program. The two programs are structured in an identical fashion to better serve the need for long term recovery. Anyone who feels they might benefit from either of these programs should call and do a phone screen. An in person interview will then be scheduled upon availability and eligibility. For more information visit [www.cityteam.org](http://www.cityteam.org)

#### **Heritage Home**

**408-294-1238**

[sjheritagehome@cityteam.org](mailto:sjheritagehome@cityteam.org)

Heritage Home provides emergency shelter and a comprehensive residential recovery program for **pregnant** women. This helps mothers and their newborn babies make the transition to greater independence. Heritage Home offers the following as part of its daily structure:

- Pre and Post Natal Classes
- Addiction Education & Relapse Prevention
- AA 12 Step Program
- Vocational and/or High School Dip. Prep
- Anger Management
- Parenting Classes
- Life Skills Classes
- Discovery Bible Study
- Counseling
- Individual Case Management

#### **House of Grace**

**408-885-8080**

[sjhouseofgrace@cityteam.org](mailto:sjhouseofgrace@cityteam.org)

House of Grace provides a comprehensive residential program for single women and mothers with children up to age 5. The program ranges from 10-12 months. Residents are required to obtain employment upon completion of the educational components of the program. House of Grace offers and emphasizes:

- Addiction Education & Relapse Prevention
- AA 12 Step Program
- Discovery Bible Study
- Vocational and/ High School Dip. prep
- Anger Management
- Life Skills Classes
- Parenting Skills
- Counseling
- Individual Case Management